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512th Airlift Wing, Dover Air Force Base, Del.



Photo by Capt. Marnee Losurdo

State fair fun

Col. Randal L. Bright (right), 512th Airlift Wing commander, and Col. Anthony B. Krawietz, 436th AW vice commander, wave to the crowd during the 7 p.m. parade at the Delaware State Fair in Harrington, Del., July 28, 2010. It was Armed Forces Day at the fair and military members received free admission.

New fitness uniform made for both sexes

The new, improved physical training uniform has seen many modifications from the current PTU.

“We have received much feedback from the field,” said Maj. Eric Habersberger, the deputy chief of the Air Force Uniform Office. “We have made a strong effort to meet needs and ensure our Airmen have a comfortable, durable and well-fitting uniform. Sizing is aligned closer to commercial, off-the-shelf sizing, unlike the current PTU.”

To accommodate both men and women, new sizes of PTU shorts range from extra small to extra, extra large. They are made in a boxer style out of 100 percent polyester with a full-fitting anti-odor treated liner. The trunk inseam has been lengthened approximately one inch and side seam pockets have been added with closures. The waist elastic has been relaxed and also fitted with a barrel-lock drawstring for adjustable comfort.

The T-shirt is now available in a 100 percent polyester long sleeve and poly/cotton blend short sleeve. Both shirts contain a moisture management system that disperses moisture. The new polyester/cotton T-shirt also includes an anti-odor coating. *(Courtesy of Air Force Uniform Office)*

Read the full story at:

<http://www.512aw.afrc.af.mil/news/story.asp?id=123215500>

Housing office accepting applications

The Housing Management Office here is currently accepting applications for housing from the following personnel: single active-duty military, Reserve and National Guard members, current federal civil service employees, retired military and civil service personnel.

For more information, call Karen Zurzolo at housing management at (302) 677-6969 or e-mail karen.zurzolo@us.af.mil.

Sign up for Summer Sizzler 10-mile, 5K runs

The Summer Sizzler 10-mile and 5K runs will start and finish at 8 a.m., Aug. 29 at the Eagle’s Nest Picnic Area here.

The purpose of the 10-mile run is to physically prepare participants who plan on running in the Air Force Marathon in September.

The 5K run is for first-time runners and those who aren’t physically capable of running 10 miles or plan on running in one of the shorter AF Marathon events.

The runs are open to all active-duty personnel, reservists, Department of Defense civilians and dependents.

The cost is \$10 per person with an entry fee to be paid at the base fitness center. Participants who sign up prior to Aug. 14 will receive a free T-shirt.

For more information, call (302) 677-3968.

Lap swimming hours change

Lap swimming at the Oasis Pool here will be held Monday through Friday from 10 to 11 a.m., starting Aug. 2. This schedule is effective through Sept. 3.

Lap swimming is available for fitness purposes only and is free of cost.

The pool closes for the season Sept. 7.

For more information, call (302) 677-3959.