

# Liberty Press *Weekly*

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512th Airlift Wing, Dover Air Force Base, Del.

## Summer Reading Program at base library

The 2010 Summer Reading Program at the base library begins June 15. Free activities will be held through Aug. 7.

Each child will receive a bookmark, reading log, activity handout and other special items.

Children who complete the program will receive a special certificate. Children from 5 to 12 years old are invited to join and advance registration is encouraged.

For more information, call (302) 677-3992.

## Family Fitness at Eagle's Nest

Family Child Care is hosting a Family Fitness Fun in the Park event at Eagle's Nest picnic grounds June 15 at 6 p.m. All Family Child Care parents, providers and children are invited to join the fun and play in the park.

For more information, call (302) 677-3712.

## Leisure and Travel Exposition held at wing picnic

The 2010 Leisure and Travel Exposition will be held at the wing picnic at the Eagle's Nest, June 18 from 11 a.m. to 3 p.m.

The event will provide information on various travel destinations and the modes to get to them. The expo will also feature exhibits, vendor information booths, prize drawings, travel and tourism representatives, entertainment and food.

Base personnel and families will be provided an opportunity to see a variety of recreational events and activities offered from around the world.

Register at the information, tickets and travel table for prize drawings and door prizes.

For more information, call (302) 677-6772.



Photo by Staff Sgt. James Bolinger

## Chaplain chat

**Chaplain (Maj.) Barry Ball, 512th Airlift Wing chaplain, talks with Senior Airman Julia Haas, 512th AW chaplain assistant, outside the wing staff agency building here June 6. Chaplain Ball is available to meet with servicemembers and their families to discuss personal issues. All conversations with the chaplain are protected under privileged communication – meaning that all matters discussed remain private.**

## Fitness revision rewards excellent Airmen

Based upon service-wide feedback, Airmen who score a 90 or higher on the new fitness test will now only have to test once a year according to a new revision to the Air Force Fitness Program.

“We believe this will recognize fitness excellence and serve as an incentive for more Airmen to improve their fitness,” said Col. Joan Garbutt, chief of Military Force Policy Division.

The revision, which takes effect the same day the new program kicks-off July 1, allows Airmen who test in all four components of the assessment and receive an “excellent” to test only once a year. The components of the new fitness standards include a 1.5-mile timed run, abdominal circumference, push-ups and sit-ups. Prior to this revision, all Airmen were required to test twice a year.

*(Courtesy Secretary of the Air Force Public Affairs)*

Read the full story at:

<http://www.512aw.afrc.af.mil/news/story.asp?id=123208102>