



Deployment Resources for Airmen and their Families

There are many programs available that are designed to assist you and your family during this time of separation. This list is designed to give you a brief overview of the services and programs that are available. If you have any further questions, please refer to the website or contact the Airman & Family Readiness Center by calling 302-677-6930 (436 AW) or 302-677-3566 (512 AW)

Local Programs

- **Hearts Apart Morale Call Program:** The hearts apart program allows two 15-minute DSN phone calls each week for the friend or family member designated at the pre-deployment briefing. Members must give their AOR DSN number to the designee who will call the Dover AFB operator at 302-677-3000, and tell the operator they are calling for the Hearts Apart Program and provide the DSN number. The operator will then connect the call. The designee is allotted two 15-minute calls per week. They do not accumulate.
- **Give Parents A Break (GPAB) (†)** The Give Parents A Break program is a no-cost program, funded by Air Force Aid Society, & scheduled to be held on the second Saturday of each month, from 10:00 a.m. to 2:00 p.m. Pre-registration is required no later than 4:00 p.m. the Wednesday prior to the event; however, it is recommended to register as early as possible as the event is subject to cancellation due to non-participation.
- **Deployment Child Care (†)** Up to 16-hours of free childcare is available to the deploying member via the Child Development Center's (CDC) Expanded Child Care within 30 days prior to departing for deployment. An additional 16-hours can be obtained by the deployed members spouse while the member is deployed for 30 or more days. Members and their spouses will need to present a copy of the deployment orders to take advantage of each of these programs. For more information, please contact the CDC at 677-2542
- **Car Care Because We Care (†)** Dover AFB's Auto Skills center will provide each deployed family a free oil & filter change on the **primary** vehicle during the spouses deployment. A voucher will be issued by the Airman & Family Readiness Center to be redeemed at the Auto Skills Center. Only one oil change per deployment, <http://www.afas.org/Community/CarCareProgram.cfm>
- **PLAYpass Deployment Support Program(†)** Valued at \$500 and redeemable at most FSS facilities, the PLAYpass program allows Airmen returning from deployments, families of deployed Airmen and families of Airmen at dependent-restricted assignments to participate in Air Force Services activities such as trips, sports and child care at either a reduced cost or free of charge. Spouses of deployed members may have their card issued once the member departs home station and will be issued for the length of the deployment plus 90 days. Returning Airmen may pick up their cards upon return to home station and will be valid for 90 days from the return date. Cards will be issued at the A&FRC, and MUST have a copy of orders. <http://www.myairforcelife.com/>
- **Pillow Case Program:** The A&FRC will print a picture of your choosing onto a pillow case, free of charge. Just email a .jpg image to arthur.bradshaw@us.af.mil and give contact information. Once it is complete, you will be able to stop by the A&FRC to pick it up.
- **A&FRC E-mail List:** The A&FRC emails deployed families on a regular basis to keep them up to date on the latest happenings around base, deployed family events, GPAB reminders and many other events. Your information is NEVER shared with anyone. To join, please send an e-mail to arthur.bradshaw@us.af.mil requesting to be added to the deployed families e-mail list. 512 AW members may contact laura.coseglia@us.af.mil
- **Air Force Aid Society:** Provides emergency financial assistance via interest free loans to eligible military members for basic living expenses, emergency travel or unexpected vehicle repairs. If the spouse is requesting aid, a specific Power of Attorney will be required.
- **Military & Family Life Consultant (M&FLC):** Provides short term, situational, problem solving counseling services to service members and their families. M&FLC services augment existing military support services. All consultants are Masters or PhD level, licensed Clinical Counselors. They work with families, individuals, couples and children to provide non-medical problem identification counseling services. 302-379-6411
- **Savings Deposit Program:** The DOD Savings Deposit Program (SDP) was established to provide members of the uniformed services serving in designated combat zones the opportunity to build their financial savings. Amounts up to \$10,000.00 may be deposited, earning 10% interest per annum. See the local or deployed finance office or call 1-888-332-7411



Military OneSource

Military OneSource is provided by the Department of Defense at no cost to active duty, Guard and Reserve (regardless of activation status) and their families. It is a virtual extension of installation services. Visit Military OneSource today at www.militaryonesource.com or call 1-800-342-9647."

NEW!!! Plan My Deployment from Military OneSource: Deployments and mobilizations have changed in recent years, getting longer, occurring more frequently, and often putting service members in harm's way. These changes have caused additional stress for service members and families, and have increased the challenges of maintaining readiness, managing separations, and planning successful reunions.

Plan My Deployment was designed to help you and your family members address these issues and may be used in coordination with your installation and National Guard and reserve family support programs. With Plan My Deployment you can take some of the stress out of deployment or mobilization, through access to planning tools, checklists, and helpful tips. Whether it's your first deployment or mobilization or your fifth, you will be able to create a unique checklist for the Pre-Deployment, Homecoming, and Reintegration stages that contains only the information you and your family need to successfully navigate the process. Visit [https:// apps.militaryonesource.mil/MOS/?p=PMD:ENTRY:0](https://apps.militaryonesource.mil/MOS/?p=PMD:ENTRY:0)

National Programs

These programs are offered by independent organizations. Please visit the associated website for more details

- **Veterans Tickets Foundation:** Available to all Veterans, Active Duty Military and their families as a way of saying Thank You! The Veteran Tickets Foundation is a non-profit, tax-exempt organization dedicated to giving back to those who gave us so much. We team up with major sports teams, leagues, promoters, organizations, venues and everyday ticket holders to provide free and discounted tickets to the more than 26 million Veterans and Active Duty Military in the United States. Website registration and proof of service is required. <http://vettix.org>
- **YMCA Operation Kid Comfort:** The YMCA will provide a quilt for children under 6 or a pillow for children 7 and older. <http://www.asymca.org/>
- **US Standard Issue:** Oakley's government division offering deeply discounted merchandise to military, law enforcement, EMS and firefighters. Registration with .mil or .gov email required for verification. <http://www.usstandardissue.com/>
- **Operation Military Childcare:** Operation Military Childcare assist families of deployed Active Duty members who are unable to access child care on base. This program will help offset the cost of off-base child care during the deployment and for 60 days after returning. For more information, visit <http://www.naccrra.org/militaryprograms/>
- **Hug a Hero/Daddy Dolls:** You can purchase a stuffed "doll" with a full size picture of the deployed member on it. www.operationhugahero.com or www.daddydolls.com
- **Operation Military Kids:** 4-H program for military youth, ages 5-18 from all branches of the service. The program offers free youth camps, after school activities, babysitting and CPR training and more. <http://www.operationmilitarykids.org>

(†)These items require a copy of the deployed member's orders



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