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512th Airlift Wing, Dover Air Force Base, Del.

NASCAR time

USO Delaware is handing out NASCAR tickets for the Sunday race at Dover Downs International Speedway. Tickets can be picked up at the USO Delaware Lounge in the Passenger Terminal, Building 150, today from 9 a.m. to noon and 4 to 7 p.m. and Tuesday from 9 a.m. to noon and 8 p.m. to 1 a.m. Military members and spouses of deployed reservists with a copy of their spouse's orders, may request tickets for themselves and their dependents. Department of Defense identification is required.

The NASCAR Social is Friday at the Landings from 5:30 to 8:30 p.m. Drivers will be available to sign autographs from 6 to 7 p.m. For more information, call (302) 677-3107.

Take USO survey

The USO is encouraging base members and their families to take their online customer satisfaction survey at www.TellUSO.org, which ends Oct. 3. Survey participants are automatically entered in the Sound Off Sweepstakes to win one of 20 \$500 Visa gift cards.

For information, call Tiane Harrison at (703) 908-6433 or e-mail tharrison@uso.org.

Leap into fitness

Uniformed and civilian Air Force members are encouraged to represent the Defense Department in the presidential fitness challenge this fall as our country continues to focus on health and wellness.

The DOD's civilian personnel policy office is sponsoring the "Leap Into Fall" fitness challenge that runs through Oct. 31.

For more information visit <http://www.512aw.afrc.af.mil/news/story.asp?id=123222012>.



U.S. Air Force photo by Senior Airman Andria Allmond/Released

Airmen's Weekend

Former Military Training Instructor Tech. Sgt. Jeffrey Bushaw, 736th Aircraft Maintenance Squadron support section, inspects the uniforms and appearances of Airmen's Weekend participants at Dover Air Force Base, Del., Sept. 11. Sergeant Bushaw and two other former TIs attended the event and reviewed drill techniques and open ranks before marching the participants across base. Approximately 50 enlisted reservists took part in the event. Some of event's highlights included interacting with guest speakers such as Chief Master Sgt. Dwight D. Badgett, the Command Chief Master Sergeant for the Air Force Reserve Command, and Women Airforce Service Pilot Elaine Danforth Harmon. Read the full story at: <http://www.512aw.afrc.af.mil/news/story.asp?id=123222017>.

Team Dover hosts Special Olympics 2010 cycling tournament

Airman 1st Class Matthew Hubby
436th Airlift Wing Public Affairs

Special Olympics Delaware held its 2010 cycling tournament Sept. 11 at Dover Air Force Base, Del. This is the second cycling tournament held at the base since 2009 and also marks Special Olympics Delaware's 40th anniversary.

"Our goal is to offer Olympic-type sports to people with intellectual disabilities," said Mark Wise, Special Olympics of Delaware director of training and volunteer management. "We like to give them the opportunity to compete year round."

The event ran from 8 to 11 a.m. and featured different lengths of races: 500 meters, one kilometer, five kilometers, 10 kilometers, 15 kilometers,

20 kilometers and a tandem bike event. Attending the event were cyclists from Delaware, Virginia and Maryland. The Delaware teams were: The North Stars, Newark Lightning, Thunder Bears, Might Marlins and the Delaware Autism Program. The Maryland teams were: Special Olympics Maryland Upper Shore, Howard County, Md. The Virginian team was: North Virginia Flying Eagles.

The top finishers in each event earned a bronze, silver or gold medal, which was presented by 512th Airlift Wing Commander Col. Randal L. Bright.

"Team Dover is proud to have you here," said the colonel. "And, while not everyone here today earned a medal, you are all winners."

To read the full story visit: <http://www.512aw.afrc.af.mil/news/story.asp?id=123222334>.