

# Liberty Press *Weekly*

July 6, Vol. 2, No. 25

512th Airlift Wing, Dover Air Force Base, Del.



Photo by Capt. Marnee Losurdo

## Smart Operations

**Lt. Col. James Johann, 512th Airlift Wing process manager and wing lead for Air Force Smart Operations for the 21st Century, met with wing leadership June 22-24 to identify wing processes and programs that could be improved to save time, resources and money.**

## Gift cards can help Airmen in AOR

In a recent news magazine, it was reported that 90 percent of gift cards in America each year are actually used by the recipients. While most any gift card will work for most people, military supporters have long struggled with finding just the right one for troops serving far from home.

Fortunately, the Department of Defense's largest and oldest Exchange Service operates retail facilities, including more than 900 Exchanges, fast food restaurants, services and concessions throughout the Middle East, that accept gift cards.

*(Courtesy of Army & Air Force Exchange Service)*

Read the full story at:

<http://www.512aw.afrc.af.mil/news/story.asp?id=123211442>

## Tricare makes U.S. travel carefree

Preparing for a road trip or vacation requires planning -- what to pack, where to stay and what to do -- but taking a few minutes to think about health care before hitting the road can save a lot of hassles.

To reduce the chance of health care problems while traveling, beneficiaries should see their doctor to take care of any regular office visits or treatment for ongoing conditions before leaving town.

Tricare Prime beneficiaries get routine care from their primary care manager, or PCM, while Tricare Standard beneficiaries can go to any Tricare-authorized provider. Regardless of the Tricare plan you use, it's a good idea to get routine care before leaving home.

If beneficiaries need emergency care while traveling, they should immediately seek treatment by calling 911 or going to the nearest hospital emergency room.

Prime beneficiaries do not need prior authorization for emergency care, but they should notify their PCM within 24 hours, or on the next business day, so follow-up care can be coordinated. Tricare Standard beneficiaries have no follow-up requirements after receiving emergency care.

Beneficiaries who need medical treatment for urgent illnesses that are not an emergency may go to an urgent care facility. For urgent care, beneficiaries should contact their PCM for a referral or call their regional health care contractor for assistance before receiving care.

Read the full story at:

<http://www.512aw.afrc.af.mil/news/>

"Tricare makes traveling in U.S. carefree"

## Bowling alley offers karaoke

Local disc jockey, All Star Entertainment, will host Karaoke Night at Eagle Lanes Bowling Alley, July 10 at 8 p.m.

Karaoke Night will be hosted in conjunction with Thunder Alley. Thousands of songs will be available for people to sing.

For more information, call (302) 677-3950.

## Reel Time movie schedule on base

The Dover Air Force Base movie schedule is as follows:

- Thursday, July 8, 7 p.m., Letters to Juliet (PG)
- Friday, July 9, 7 p.m., Shrek Forever After (PG)
- Saturday, July 10, 7 p.m., Marmaduke (PG)
- Sunday, July 11, 7 p.m., Prince of Persia (PG-13)